Mix and Match for larger parties. Each platter feeds 10 guests.

Bagels and Spreads

43.00

Assorted bagels with cream cheese, butter and jellies

Smart and Healthy

43.00

Assortment of flaky croissants, bagels, and muffins accompanied by butter, cream cheese and jellies

Sausage, Egg & Cheese Biscuit Platter

65.00

Flaky buttermilk biscuits filled with fresh cooked pork sausage, scrambled eggs and American cheese. Served with a side of hash brown casserole

Breakfast Burrito Platter

Fresh tortillas loaded with scrambled eggs, choice of bacon, ham, turkey or sausage, and shredded Mexican cheese. Served with a side of hash brown casserole as well as sour cream and salsa.

# Cold Menu

Served as platters. Each platter serves 10 guests. Ask about ½ & ½ platters

Add Salmon

Market

Add Grilled Chicken

2.00/guest

Dressings \* Caesar, Blue Cheese, Ranch, Italian, Honey Mustard, Raspberry Vinaigrette.

Delí salad buffet

70.00

Includes five hearty salads to satisfy any appetite. House made egg, chicken or tuna salad, pasta salad, seasonal fruit salad, garden salad, or Caesar salad. With choice of dressings.

Míní wraps

60.00

Small version of our always popular wraps. 6" tortillas filled with house made tuna or chicken salad, deli sliced turkey or ham and swiss cheese as well as lettuce and tomato. Cut in half for easier consumption.

Delí pícníc basket

70.00

Assorted deli style sandwiches piled high with premium meats and house made salads with cheese to top them off. Incudes a platter of lettuce and tomato as well as packages of condiments.

All packages are available for pickup or delivery Most are available with only 4 hours notice, however please call to verify availability.

Per guest pricing is based on 10 guest minimum, smaller groups will incur an additional charge. Delivery is \$15 for 5 mile radius, \$30 up to 15 miles, and will be quoted beyond that on a per event basis. Delivery fee may be waived for larger or repeat orders.

### Box Lunches

12.00 per person, individually packaged and include packages of mayonnaise and mustard. Other breads and wraps available on request. Includes napkins, chips, and fresh baked cookie.

The New Yorker

Smoked salmon, onions, capers and cream cheese on a plain or everything bagel. (3.00 upcharge)

The Gobbler

Deli sliced turkey on rye bread with cheddar cheese topped with lettuce, tomato and onion

The Oinker

Deli sliced ham on wheat with Swiss cheese topped with lettuce, tomato and onion

The Classic Club

Deli sliced turkey on 3 slices of toasted white bread with Applewood smoked bacon topped with lettuce, tomato and mayonnaise.

Our House Made Egg salad on white or wheat bread topped with lettuce, tomato and onion

Tuna salad

Our House Made Tuna salad on white or wheat topped with lettuce, tomato and onion

Chicken salad

Our House Made Chicken salad on white or wheat topped with lettuce, tomato and onion

# Box Salads

per person, individually packaged with utensils and napkins Dressings \* Caesar, Blue Cheese, Ranch, Italian, Honey Mustard, Balsamic Vinaigrette. Add Chicken to any salad 2.00 additional per salad

Garden Salad

Iceberg lettuce mixed with shredded carrots and red cabbage. Topped with shredded cheese, chopped tomatoes and organic croutons

Grilled Chicken Salad

11.00

Our Fresh Garden Salad (Above) topped with a freshly grilled chicken breast seasoned to perfection.

Chef Salad

11.00

Iceberg lettuce mixed with shredded carrots and red cabbage. Topped with Deli Sliced Ham and Turkey as well as a sliced hard boiled egg and shredded cheese, chopped tomatoes and organic croutons.

Bacon Caesar Salad

11.00

Fresh chopped Romaine lettuce and shaved parmesan cheese tossed with our luxurious Caesar dressing and topped with organic croutons and fresh bacon bits.

### Sídes

Price is per item. One item feeds about 10 guests. 10% discount when added to any other package Don't forget to add your drink

Hash Brown Casserole

28.00

Shredded hash brown potatoes seasoned and mixed with eggs, milk and cheese then baked to perfection – crispy on the top and moist in the middle. A perfect addition to Breakfast or Lunch. (Add Bacon for 4.00)

Cheese Grits

25.00

Fresh cooked grits, just like grandmother used to make mixed with shredded cheese and butter.

Macaroní and Cheese

28.00

NOT your grandmothers Mac & Cheese – Cavatappi pasta cooked to Al Denti and lovingly mixed with our cheddar and parmesan mix to creamy goodness. Kick it up a notch and make it Spicy Southwest Mac and Cheese at no additional cost.

carrot Soufflé

Seasonal Fruit Bowl

28.00

A sweet and fluffy carrot soufflé – the perfect addition to your meal 28.00 Roasted Veaetables

Roasted red peppers, green zucchini, yellow squash and carrots, spiced to

perfection and roasted in our ovens just for you.

25.00

Fresh cut seasonal fruit bowl. Perfect for Breakfast or Lunch.

# Snacks

Perfect for those long meetings and training sessions per tray – Each tray serves 10 guests

Cookie platter

20.00

Fresh baked chocolate chip, oatmeal raisin, sugar and white chocolate macadamia nut cookies. (other options available on request) 35.00 Cheese and cracker platter

Assorted gourmet crackers and cubed cheese served with a fig spread.

Bistro sausage and cheese platter Spicy and mild smoked sausages served with assorted cubed cheeses along

with mini sweet peppers accompanied by ranch dipping sauce Bistro veggie platter

35.00 Crisp fresh cut vegetables – peppers, broccoli, cauliflower, baby carrots, mini sweet peppers, celery and more (whatever is fresh) served with a mild ranch sauce for dipping.



Our creative culinary team is here to satisfy your every desire.

From basic working lunches to a more subdued and elegant client dinner. At your Home or Office (or one of our other available venues around town) we will wow you with the flavors and quality of our product and presentation.

The offerings shown in this brochure are just a small taste of what we offer. If you do not see what you are looking for, just give us a call and let us design a menu that fits your needs.

Remember that we are always available for your holiday catering needs as well

www.EatAterics.Com

Eric@EatAterics.Com

#### Hot Lunches

Mix and match for larger groups Each tray feeds 10 guests Includes plates, utensils, etc.

Lasagna 30.00

Beef and Cheese lasagna (no pork) Vegetarian also available on request Stuffed Shells  $$35.00\ \ \,$ 

Cheese stuffed pasta shells baked in a delicious tomato sauce Spaghettí and meatballs 35.00

The Classic, authentic Italian spaghetti cooked to Al Dente and then tossed with our delicious tomato sauce and warm beef meatballs

'Hot' Wings (36) 43.0

Traditional party cut wings, double fried for crispness and served on a platter with either Ranch or Blue Cheese dipping sauce. Your choice of up to 3 flavors (Seasoned / Lemon Pepper / BBQ / Honey BBQ / Garlic Parmesan /Mango Habanero / Kickin' Bourbon / Buffalo) with carrots and celery.

Boneless available for additional 5.00

Chicken alfredo 35.00

Cavatappi pasta with chopped all white meat chicken breast smothered in a traditional alfredo sauce and topped with fresh parmesan cheese.

Fresh cooked, individually wrapped hamburgers, turkey burgers or veggie burgers (mix and match), all labeled and served with freshly cut sides of lettuce, tomato, onion and more so that you and your guests can top the burgers as you like them.

\*\*All pasta dishes come with assorted dinner rolls \*\*

Looking for something a bit more unusual?

Why not let us bring our Food Truck out to cook on site?

Check out our regular menu on our website or let us create a special event menu just for you.

www.EatAtErics.com

901-277-4428



## Beverages

The perfect addition to any of our catering packages.

Most are based on 10 guests (unless noted) and 10 guest minimum Coffee station \$25.00\$

Coffee, creamers, sugar and artificial sweeteners, stirrers, cups, napkins, etc. Juice station 25.00

Assorted juices with cups and ice. Please discuss juice selection with us.

Hot tea station 25.00

Assorted, responsibly farmed hot tea bags along with sugar, artificial sweeteners, lemons, cups, etc. (honey available on request)

Drink assortment station varies

Bottled sodas, ice tea, lemonade and bottled water (small waters)

Premium water station varies

Premium bottled water (Fiji, Vitamin water, Bai, etc)

ice tea station 30.00

Sweet and un-sweet ice tea – freshly brewed with ice, cups, sweeteners and lemons

Full Tea and Coffee station

Our coffee station – above – joined with the iced tea and hot tea stations as well as ice coffee.

# Heavy Hors d'oeuvre

Mix and match for larger groups Each tray feeds 10 guests

German meatball sliders (20)

40.00

60.00

Our own creation, a German inspired meatball, served on a sweet roll with stone ground mustard and our house made sauerkraut

Italian meatball slider (20) 40.00

Our Italian seasoned meatball served on a slider roll with marinara sauce and shredded mozzarella

Chicken Skewers (20)

35.00

All white meat chicken breast marinated and cooked on our char griller on bamboo skewers. You choice of 2 flavors per tray. Ask what is available Shrimp Skewers (20) 50.00

Tail off shrimp speared on bamboo skewers, seasoned and grilled to perfection

House made egg rolls (20)

55.00

Your choice of traditional chicken, Cuban, Pork BBQ, or Philly Cheese Steak, or vegetable

All prices are for pick up only and do not include plates, etc unless noted. Plates, napkins, and condiments are always available by request and the price will vary depending on the level of service.

Delivery and servers are available for additional cost.

We are happy to supply tables, linens, china, etc as well if needed.

\*\*Please note that prices are subject to change due to many factors beyond our control. \*\*